

<b>EXAMINATION</b>		<b>NATIONAL SENIOR CERTIFICATE</b>	
<b>GRADE</b>		12	
<b>DATE</b>		NOVEMBER 2024	
<b>SUBJECT</b>		ENGLISH HOME LANGUAGE	
<b>PAPER</b>		1	
<b>MARK TOTAL</b>		70	
<b>DURATION (HOURS)</b>		2 hours	
<b>NUMBER OF PAGES</b>		14	



SOUTH AFRICAN COMPREHENSIVE ASSESSMENT INSTITUTE  
SUID-AFRIKAANSE KOMPREENSIEWE ASSESSERINGSINSTITUUT



## INSTRUCTIONS AND INFORMATION

1. This question paper consists of **THREE** sections.  
**SECTION A:** Comprehension (30 marks)  
**SECTION B:** Summary (10 marks)  
**SECTION C:** Language structures and conventions (30 marks)
2. Read **ALL** the instructions carefully.
3. Answer **ALL** the questions.
4. Start **EACH** section on a **NEW** page.
5. Rule off after each section.
6. Number the answers correctly according to the numbering system used in this question paper.
7. Leave a line after each answer.
8. Pay special attention to spelling and sentence structure.
9. Use the following time frames as a guideline:  
**SECTION A:** 50 minutes  
**SECTION B:** 30 minutes  
**SECTION C:** 40 minutes
10. Write neatly and legibly, in **BLUE** ink, only.

## SECTION A: COMPREHENSION

### QUESTION 1: READING FOR MEANING AND UNDERSTANDING

Read both **TEXT A** and **TEXT B** below and answer the set questions.

#### TEXT A

#### IT'S OKAY TO NOT BE OKAY

- |   |  |          |
|---|--|----------|
| 1 | It was a regular weekday back in August and we were struggling with managing chores, online schooling and work, and our own emotional well-beings. Amidst this, my mother called – both she and my father had tested positive for Covid. My mother seemed undisturbed as she explained the situation; rather than talking to me about her feelings, she was trying to console me. She hung up, saying, ‘It will all be well. Don’t worry.’ We live 400 miles away from each other and with the lockdown still in place, there was no way I could reach them in person.   | 5        |
| 2 | My world collapsed.  |          |
| 3 | My father had comorbidities, and with both being ill, I did worry. How would they get the care they needed? I spent the day reaching out to relatives in their area and making frantic calls to friends who would listen to my deepest anxieties. I was met with pep talks, positive affirmations and coping cliches. However, one response stood out: ‘It’s okay to feel this way right now. It’s your parents.’ When I heard that, I could finally take a breath. I needed to know that it was okay to feel how I was feeling in the moment – rather than bury my emotions and pretend that they did not exist.  | 10<br>15 |
| 4 | It took my parents 28 days to test negative. I was mentally, physically and emotionally drained. I did not hide my true state from my friend who did not see my negative emotions as inherently bad; but with everyone else, I said I was doing fine. Why was everyone trying to hand me a lollipop? Why was everybody messaging me with: ‘sending sunshine your way’ and ‘positive vibes only’?   | 20       |
| 5 | Dr. Jaime Zuckerman, a clinical psychologist and cognitive behavior therapist, terms this phenomenon, toxic positivity – the assumption that despite a person’s emotional pain or difficult situation, she should have only a positive mindset. Toxic positivity not only invalidates one’s emotional state, but also increases secondary emotions. According to Dr Zuckerman, ‘The inherent problem with toxic positivity is that we assume that if a person is not in a positive mood, then she is somehow wrong, bad or inadequate. Consequently, we elicit secondary emotions inside of them like shame, guilt and embarrassment.’ She explains, ‘Efforts to avoid, ignore or suppress emotions that are appropriate to context can isolate someone in their time of need, thereby perpetuating the stigma that mental health issues equate to weak-mindedness.’ | 25<br>30 |
|   |  | 35       |



6	It really is OKAY to not be okay. Not only is it okay to not feel 'okay', it is essential. An abnormal emotional response to an abnormal situation IS normal. Dr. Zuckerman notes, 'Allowing yourself not to feel okay involves accepting all feelings, thoughts or sensations, and sitting with them until they pass. If you try to avoid, suppress or ignore them, they will only grow stronger and leave you overwhelmed and believing that you cannot cope.' No emotion is permanent. Anger and sadness, just like happiness and joy, come and go. We need to let ourselves experience painful feelings if we ever want to truly let them pass through us. So, feeling scared and sad about my parents after they contracted Covid, was normal.	40
7	Dr. Zuckerman explains, 'The more we avoid internal discomfort, the more isolated we can become, the more anxious we can get, and the more depressed we can feel. When we pretend that emotional pain doesn't exist, we send a message to our brain that whatever the emotion is, it is in some way bad or dangerous. If our brain believes we are in a dangerous situation, our body will respond as such. For example, we may experience rapid heartbeat, shallow breathing, and a natural need to unnecessarily avoid the misperceived dangerous situation. When we avoid any kind of emotional discomfort, even physical pain, we end up unintentionally making those feelings larger, louder, and more overwhelming. If we don't confront or process emotions effectively, the science shows that it can lead to a myriad of psychological difficulties.'	50
8	If you are still not convinced that being too positive can be toxic, consider its impact on the people you care about, including yourself. You may feel you are being supportive by sending positive affirmations to a friend who is going through a difficult time, but you may be invalidating her feelings and harming her when she is already in a vulnerable state. Dr. Zuckerman advises that when you are lending an ear to someone in distress, have a positive mindset, but don't offer them a pep talk unless they ask for it! Instead, use phrases that affirm the other person's feelings.	60
9	Feel your feelings. Sit with them. Let them pass. And let others ride the wave of whatever emotions they're feeling too. It's okay.	65

*[Source adapted from: Business Harvard Review, hrb.com]*

**AND**

TEXT B



- 1 The post-Covid period has left many of us shattered, hurt and depressed. We have had to be separated from our mothers and fathers, husbands and wives, sons and daughters, and friends. Worse still, we have had to endure the death of loved ones. We still feel anxious and fearful. What if this has to happen again? Will I survive? Will my loved ones survive?
- 2 It is normal to feel these feelings. It is normal to still feel sad and mournful. It is normal to feel anxious about the future.
- 3 Here at **RecoverTogether** we aim to create an open space for dialogue and advice on how to help you navigate your life after Covid.



[Source adapted from: [www.vdh.gov](http://www.vdh.gov).]

**QUESTIONS: TEXT A**

1.1 Refer to paragraph 2.

Account for this single line paragraph. (2)

1.2 Refer to paragraph 3.

1.2.1 Explain, in the context of this paragraph, what you understand by, 'I was met with pep talks, positive affirmations and coping clichés' (line 13). (2)

1.2.2 Discuss the significance of, 'It's okay to feel this way right now. It's your parents' (lines 14 - 15) in the context of the passage. (2)

1.3 Refer to paragraph 4.

What is the purpose of the rhetorical questions in this paragraph? (1)

1.4 Refer to paragraph 5.

Discuss the impact that toxic positivity could have on a person, according to Dr Zuckerman. (3)

1.5 Refer to paragraph 6.

Critically discuss Dr Zuckerman's stance: 'Not only is it okay to not feel "okay", it is essential' (lines 36 - 37). (3)

1.6 Refer to paragraph 7: 'Dr Zuckerman explains, ... respond as such' (lines 46 - 51).

Comment on the effectiveness of the diction used in these lines for reinforcing the impact of toxic positivity. (3)

1.7 In your view, is the register employed in paragraph 8 and the title of the passage effective in context? Justify your response. (3)



**QUESTIONS: TEXT B**

1.8 Refer to the verbal text of the poster.

Explain, in your own words, the impact that Covid has had on many people's state of mind. (2)

1.9 Refer to paragraph 2 of the verbal text.

Discuss the effectiveness of the repetition, 'It is normal', employed in this paragraph. (2)

1.10 Refer to the visual image.

Critically discuss the effectiveness of the colour tones of the visual text in conveying the message of the poster. (3)

**QUESTIONS: TEXT A and B**

1.11 Refer to paragraph 7 of Text A and Text B.

In your opinion, does TEXT B support Dr Zuckerman's view on managing toxic positivity in paragraph 7 of TEXT A? Justify your response. (4)

**TOTAL SECTION A: [30]**

## SECTION B

### QUESTION 2: SUMMARISING IN YOUR OWN WORDS

Carefully read TEXT C, 'Mental Health Tips for Teenagers'.

Summarise the strategies that could be employed by parents and teenagers for promoting mental wellness among teenagers.

- NOTE:**
1. Your summary should include **SEVEN** points and NOT exceed **90 words**.
  2. You must write one fluent paragraph.
  3. You are NOT required to include a title for the summary.
  4. Indicate your word count at the end of your summary.

### TEXT C

#### Mental Health Tips for Teenagers

School, sports, homework, after school activities, part-time jobs, puberty, preparing for college ... these are just a few things teenagers deal with every day.

Having a wide range of emotions is part of being human. It is important to express feelings like sadness, fear, anxiety and anger. While it can be difficult or uncomfortable to cope with these emotions, sharing them can decrease negative consequences.

Being a teenager means constant change and comes with many emotional highs and lows. These changes and feelings are inevitable, but it is important to pay attention to whether those highs and lows are affecting their ability to complete daily tasks or take care of what they need.

Your teenager's use of social media is inevitable, but it is important to recognise the impact it can have on their mental health. Educate them on how to be safe and to be aware of signs that social media can be taking a toll. It is important to model self-compassion and confidence. Remind teenagers that their worth is not based on their accomplishments or outcomes of their actions. Instead, it is about who they are as a person and how they treat others.

It is critical that your teenager feels comfortable coming to you with questions, concerns or thoughts. There are many ways you can be involved in your teenager's life. Ask open-ended questions about school, their friends and activities, and physical and mental health, and then take the time to listen.

A creative outlet to convey thoughts and feelings, such as journalling, drawing, dance and music, can help teenagers channel their emotions and process feelings in a constructive way. Teenagers should take a break from their smartphone and other technology. Taking part in activities together helps foster emotional connections with others and is important for proper mental health and growth.

Nobody should ever be afraid to ask for help. Mental health can be complicated, and sometimes it cannot be managed alone. Everyone has unique needs, which is why working with a licensed psychiatrist can help provide the support your teenager needs to improve their mental health.

*[Source adapted from: chrysalispsychiatry.com]*

**TOTAL SECTION B: [10]**



## SECTION C: LANGUAGE STRUCTURES AND CONVENTIONS

### QUESTION 3: ANALYSING ADVERTISING

Study **TEXT D** below and answer the set questions.



[Source adapted from: <https://www.beautifullife.info>]

The text in small reads:

Your thirst takes wings when you treat it to ice-cold Coca Cola. And you can find ice-cold Coca-Cola *when* and *where* you are thirsty ... for the familiar red coolers are around the corner from anywhere. Enjoy Coca Cola ... and take off refreshed.



- 3.1 Explain the interplay between the image in the advertisement and the phrase, 'Take off refreshed'? (2)
- 3.2 Discuss the effectiveness of ONE advertising technique employed in the verbal text of the advertisement. (3)
- 3.3 Comment critically on the effect that the vintage style of the visual image is intended to have on the reader. (3)
- 3.4 Refer to the verbal text: '... for the familiar red coolers are around the corner from anywhere.'
- Provide a suitable verb form of the adjective 'familiar'. (1)
- 3.5 Refer to the sentence: 'Enjoy Coca Cola ... and take off refreshed.'
- Provide the purpose of the ellipsis in this sentence. (1)

**[10]**

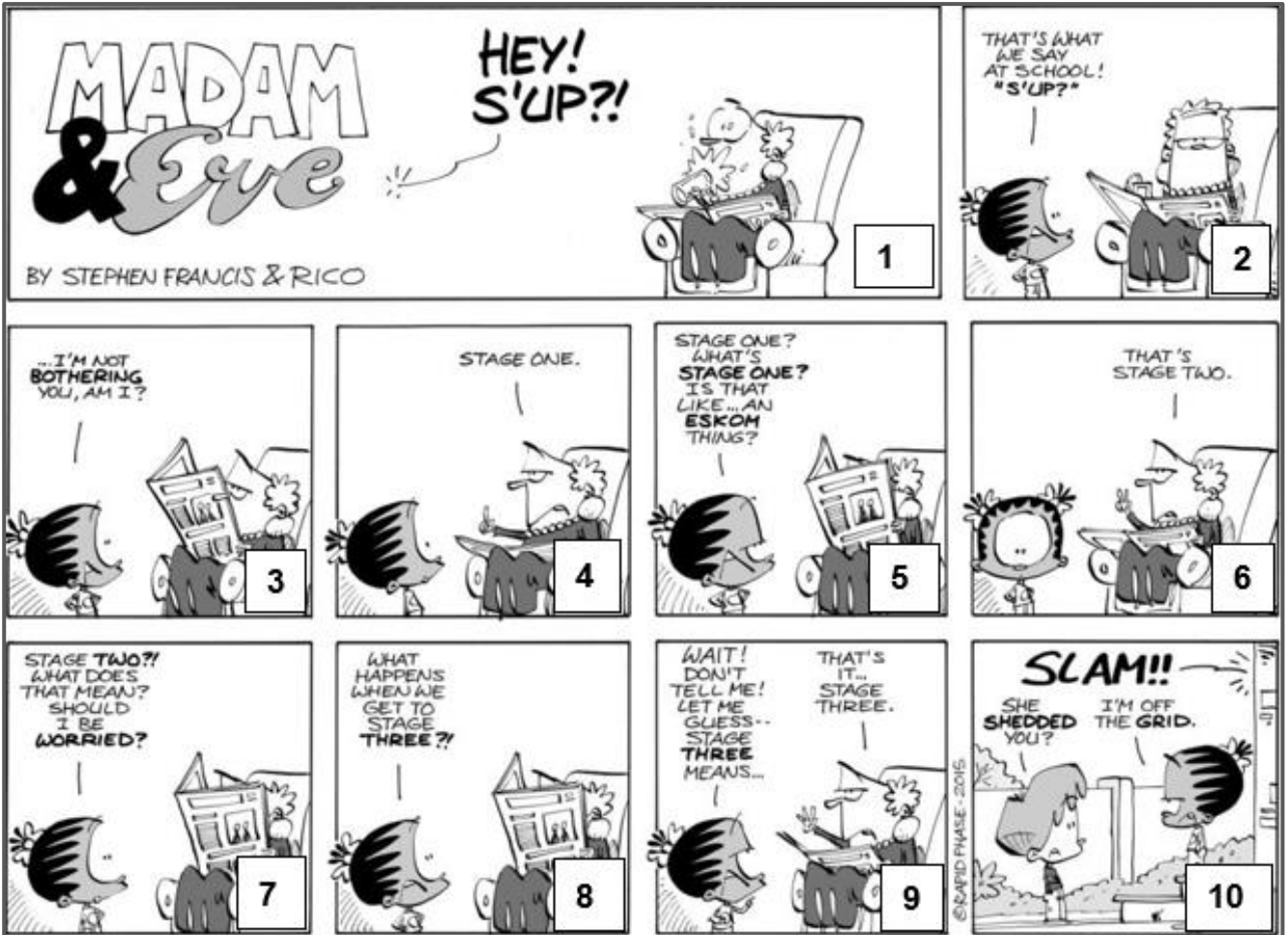


**QUESTION 4: UNDERSTANDING OTHER ASPECTS OF THE MEDIA**

Study **TEXT E** below and answer the set questions.

(Mother Anderson is the elderly lady and Thandi is the young girl talking to her.)

**TEXT E**



[Source adapted from <https://mg.co.za/cartoons>]

4.1 Refer to frame 1.

Suggest a reason for the absence of a visual depiction of Thandi while her voice is heard. (1)

4.2 What does Mother Anderson's body language in frame 2 convey about her attitude toward Thandi? (2)

4.3 Refer to frame 3.

Discuss the irony in Thandi's question in this frame. (2)



4.4 Refer to frames 8-10.

Critically discuss how the verbal text in these frames convey the satirical message of the cartoon. (3)

4.5 Write 'S'up?' (frame 2) as a grammatically correct sentence. (1)

4.6 Provide a synonym for 'worried' (frame 7) in the context of this cartoon. (1)

**[10]**



## QUESTION 5: USING LANGUAGE CORRECTLY

Read **TEXT F**, which contains some deliberate errors, and answer the set questions.

### Paris Olympic Games 2024 Closing Ceremony Speech

#### Thomas Bach - International Olympic Committee (IOC) President

1	Despite all the tentions in our world, athletes came here to Paris from all over, to make the City of Light shine brighter than ever before.	
2	During all this time, you lived peacefully together under one roof in the Olympic Village. You embraced each other. You respected each other, even if your countries are divided by war and conflict. You created a culture of peace.	5
3	We know that the Olympic Games cannot create peace. But they can create a culture of peace that inspire the world. This is why I call on everyone which shares this Olympic spirit: let us live this culture of peace every single day.	
4	These Olympic Games could only inspire the world, because our French friends have prepared the stage. And what an amazing stage it was!	10
5	These were sensational Olympic Games from start to finish – or dare I say: SEINE-sational Games.	
6	These Games delivered our IOC reforms: to be younger, more urban, more inclusive, more sustainable.	15
7	And now, with my heart full of emotions, I declare the Games of the XXXIII Olympiad Paris 2024 closed.	
8	I call upon the worlds youth to assemble four years from now in Los Angeles, United States of America, to celebrate with all of us the Games of the XXXIV Olympiad.	20

[Source adapted from: <https://bit.ly/4dK86pG>]

5.1 Refer to paragraph 1.

5.1.1 Correct the spelling error in paragraph 1. (1)

5.1.2 Explain the function of the capital letters in 'City of Light' (line 2). (1)

5.2 Refer to lines 4-5: 'You respected each other, even if your countries are divided by war and conflict.'

Rewrite the above sentence in reported speech. (1)

5.3 Refer to paragraph 3.

5.3.1 Provide a suitable homophone for 'peace'. (1)



5.3.2 Correct the concord error in this paragraph. (1)

5.3.3 Correct the grammatical error in lines 8-9: 'This is why ... every single day.' (1)

5.4 Provide an antonym for the word 'inspire' (line 10), in context. (1)

5.5 Refer to paragraph 5.

What purpose does the hyphen serve in 'SEINE-sational' (line 13)? (1)

5.6 Refer to paragraph 6.

Choose the correct answer and write only the letter (A – D) next to the question number in the ANSWER BOOK.

The abbreviation 'IOC' (line 14) is an example of:

- A. an acronym
- B. truncation
- C. initialism
- D. a portmanteau (1)

5.7 Correct the punctuation error in paragraph 8. (1)

[10]

**TOTAL SECTION C: [30]**

**GRAND TOTAL: [70]**