



SOUTH AFRICAN COMPREHENSIVE ASSESSMENT INSTITUTE
SUID-AFRIKAANSE KOMPREENSIEWE ASSESSERINGSINSTITUUT

Adult Basic Education and Training (ABET)

Summative Assessment

Life Orientation: NQF Level 1

Examination Session: November 2024

Total Marks: 100 Marks

Time: 3 Hours

Number of Pages: 21 Pages

Learner Information

Candidate Number

Centre

Date



EXAMINATION RULES FOR CANDIDATES

1. Candidates are bound in all matters relating to the examination to obey the instructions of the chief invigilator. The chief invigilator, where relevant, determines the dress code.
2. Candidates must be identified before they are permitted to write an examination. Identity documents must be produced when required. All candidates are to sign the attendance register.
3. Candidates will not be admitted to the examination room if they arrive an hour or more after the start of the examination. Candidates who have finished answering an examination paper within fifteen minutes of stopping time will not be allowed to leave the examination room, provided there are still candidates writing.
4. Candidates must occupy the places first allocated to them for the entire duration of the examination and for all other examination sessions, unless otherwise directed by the chief invigilator.
5. No explanation of examination questions may be asked or given by any person.
6. No candidate is allowed to leave the examination room within the first hour of the examination, except in an emergency and under supervision.
7. A candidate may only be allowed to leave the examination room in the case of an emergency or to go to the toilet, and in these cases, this must be done under supervision.
8. As soon as a candidate hands in his or her answer script, he or she must leave the examination room.
9. A candidate must carefully read and comply with the instructions, which appear in his or her question paper and the examination timetable.
10. A candidate is not allowed to assist another candidate or try to assist him or her or communicate with another candidate. Should this occur, it would constitute an irregularity. Invigilators are expressly forbidden from assisting candidates in the answering of questions.
11. All questions must be directed to the invigilator.
12. A candidate may not cause a disturbance in the examination room or behave in an improper or unseemly manner.
13. A candidate may not disregard the instructions of the invigilator or may not conduct themselves in a manner that conflicts with the instructions of the chief invigilator.
14. The following are not allowed next to the candidate in the examination room: suitcases, school bags, walkmans, CD players, cell-phones, books, dictionaries, notes, sketches or paper other than the official examination material distributed by the chief invigilator. Slide-rules and non-programmable, silent calculators may be used, unless expressly prohibited in the question paper. Pens, erasers, rulers, etc. should be kept in transparent containers/bags. No borrowing is allowed. Wristwatch alarms must be switched off.
15. Candidates should be informed that the possession of notes constitutes an irregularity regardless of whether or not the notes are used. The excuse that a candidate has forgotten or was not aware that he or she has the unauthorised material listed in paragraph 14 in his or her possession will not be accepted.
16. No examination answer books (or part of an answer book), whether used or unused, may be removed from the examination room. Should this occur, it will be considered an irregularity and the candidate will receive NO credit for the examination. Should a candidate write the wrong subject or wrong grade of a subject, this will be a technical irregularity and will lead to the candidate's results being blocked/cancelled/delayed.
17. Should a candidate miss an examination due to illness, a valid doctor's certificate must be given to the chief invigilator. A Certificate will not be awarded to candidates who miss an examination.
18. Any candidate who disregards these rules or the instructions of the chief invigilator or his / her assistants, will have committed an offence in terms of the Regulations [Regulation 6 2(a) and (b)] or a contravention of the Rules [Rule 3(2)].

INSTRUCTIONS

1. This question paper consists of **THREE** sections.
2. **ALL** sections are compulsory.
3. Answer **ALL** the questions in **SECTION A**.
4. Answer **ALL** questions in **SECTION B**.
5. Answer **ALL** questions in **SECTION C**.
6. Read the instructions and questions carefully before you answer.
7. Use **BLUE** or **BLACK** ink.
8. Number the answers according to the numbering system used in this question paper.
9. Write neatly and legibly.



SECTION A**QUESTION 1**

1.1 Various options are provided as possible answers for the following questions. Choose and circle the correct letter only [A-D].

1.1.1 An example of diversity is _____.

- A everyone speaks the same language.
- B celebrating only one cultural festival.
- C people from different backgrounds living and working together.
- D all individuals having identical beliefs. (1)

1.1.2 The function of a labour union is to _____.

- A recruit workers.
- B protect the interests of the employers.
- C pay the salaries of the workers.
- D negotiate for better salaries and working conditions. (1)

1.1.3 A negative role model is one who _____.

- A is passive and self-centred.
- B admits his faults and mistakes.
- C has high self-esteem and confidence
- D respects others. (1)

- 1.1.4 A priority is something that is _____.
- A of least importance.
 - B of most importance.
 - C of some importance.
 - D of no importance. (1)
- 1.1.5 Syphilis has _____ stages.
- A four
 - B six
 - C three
 - D two (1)
- 1.1.6 Individuals with low self-esteem _____.
- A encourage themselves.
 - B are assertive when expressing themselves.
 - C talk positively about themselves.
 - D use negative words to describe themselves. (1)
- 1.1.7 One strategy for people with HIV/AIDS to live positively is to _____.
- A to have unprotected sex with many partners.
 - B eat well-balanced meals.
 - C smoke and abuse alcohol.
 - D stress too much. (1)

- 1.1.8 A sign of emotional abuse in a relationship.
- A Respecting boundaries and consent.
 - B Controlling or isolating behaviour.
 - C Supporting each other's goals.
 - D Communicating openly and honestly. (1)
- 1.1.9 The psychological effect of HIV/AIDS on an individual.
- A Loss of weight
 - B Diarrhoea
 - C Depression
 - D Loss of sight (1)
- 1.1.10 Wearing a red ribbon is to show support for _____.
- A individuals who have survived cancer.
 - B survivors of gender-based violence.
 - C prevention of child abuse.
 - D people living with HIV/AIDS. (1)

TOTAL MARKS FOR QUESTION 1.1

[10]

1.2 Indicate whether the following statements are TRUE or FALSE. Choose the answer and write only **'TRUE'** or **'FALSE'** in the spaces provided.

1.2.1 An untreated STI can cause infertility.

(1)

1.2.2 Intravenous drug users are not at risk of getting infected with HIV/AIDS.

(1)

1.2.3 One way to integrate people from other cultures is to undermine their beliefs and culture.

1.2.4 A learnership programme gives an individual on-the-job training in the workplace.

(1)

1.2.5 A goal is a target that you want to achieve.

(1)

1.2.6 A pre-test counselling is done after the HIV/AIDS test.

(1)

1.2.7 The Basic Conditions of Employment Act is not necessary if other agreements are made between the employer and employee.

(1)

1.2.8 People living with HIV/AIDS have the right to medical care and treatment.

(1)

1.2.9 Ideal images of people and their bodies can affect one's self-esteem.

(1)

1.2.10 HIV/AIDS is spread through physical contact such as hugging.

(1)

TOTAL MARKS FOR QUESTION 1.2

[10]

1.3 Choose a statement from COLUMN B that matches a term in COLUMN A. Write only the letter (A – L) next to the question number (1.3.1 – 1.3.10) in the table provided below.

	COLUMN A		COLUMN B	
1.3.1	Interpersonal skills	A	Being sexually attracted to both men and women.	(1)
1.3.2	Career	B	A group of symptoms existing together.	(1)
1.3.3	Diary	C	Communication that occurs in one's mind.	(1)
1.3.4	CD count	D	Staying in the same type of work.	(1)
1.3.5	Bisexual	E	Traits you rely on when interacting and communicating with others.	(1)
1.3.6	Homophobia	F	An indicator of immune function in patients living with HIV.	(1)
1.3.7	Syndrome	G	A book to record things you need to do.	(1)
1.3.8	Urgency	H	The action of treating someone unfairly in order to benefit from their work.	(1)
1.3.9	Tuberculosis	I	An amount of virus in an infected person.	(1)
1.3.10	Exploitation	J	A dislike of or prejudice against any person from the LGBTQ community.	(1)
		K	Requiring quick actions.	(1)
		L	An infectious disease that most often affects the lungs.	(1)

Column A	1.3.1	1.3.2	1.3.3	1.3.4	1.3.5	1.3.6	1.3.7	1.3.8	1.3.9	1.3.10
Column B										

TOTAL MARKS FOR QUESTION 1.3

[10]



- 1.4 Complete the following sentences by writing down the missing word/s from the box below. Write only the missing word/s or abbreviation in the spaces provided

small intestines; lungs; spleen; kidneys; bladder; brain; skin;
stomach; pancreas; large intestines; liver; heart; gall bladder

- 1.4.1 The _____ is the largest solid organ of the body. (1)
- 1.4.2 The organs that are responsible for removing waste and extra water to make urine are called the _____ . (1)
- 1.4.3 The _____ controls all other organs and their functions. (1)
- 1.4.4 When your _____ is not functioning well, you may end up suffering from a stroke. (1)
- 1.4.5 Diabetes develops when the _____ does not make enough insulin. (1)
- 1.4.6 The function of the _____ is to create digestive juices that break down food. (1)
- 1.4.7 Urine is stored in the _____ . (1)
- 1.4.8 The exchange of oxygen and carbon dioxide is done in the _____ . (1)
- 1.4.9 The _____ produces Vitamin D. (1)
- 1.4.10 The _____ absorbs nutrients and water from food so that they can be used by the body. (1)

TOTAL MARKS FOR QUESTION 1.4

[10]

TOTAL SECTION A: [40]

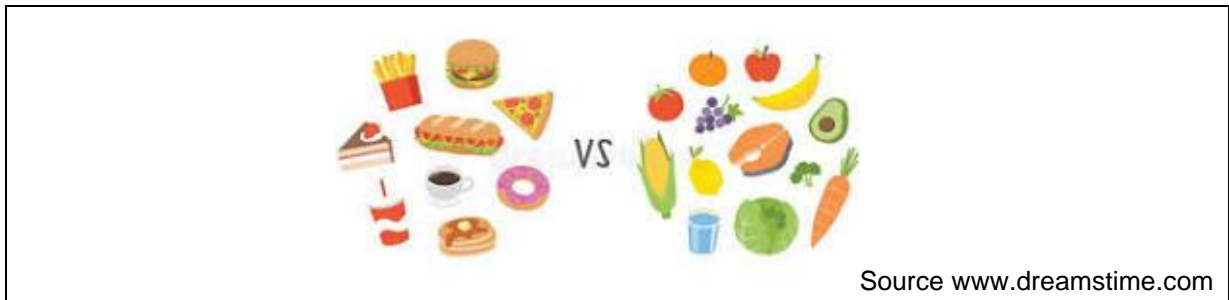
SECTION B is on the next page.

SECTION B

There are **THREE QUESTIONS** in Section B. Answer all three questions.

QUESTION 2: HEALTHY LIVING

Study the picture below and answer the questions that follow:



- 2.1 List TWO diseases that are caused by eating unhealthy foods. (2)
- 2.2 Discuss TWO possible reasons why people eat junk food. (2)
- 2.3 Explain THREE benefits of a well-balanced diet. (6)

TOTAL MARKS FOR QUESTION 2 [10]

QUESTION 3: THE WORKPLACE

- 3.1 Define the term employment contract. (2)
- 3.2 State TWO ways in which trade unions could assist workers in addressing poor working conditions. (2)
- 3.3 Explain THREE positive outcomes of pursuing vocational training. (6)

TOTAL MARKS FOR QUESTION 3 [10]

SECTION C

There are **THREE QUESTIONS** in Section C. Answer all three questions below.

QUESTION 5: SEXUALITY and STIs

- 5.1 List TWO ways HIV/AIDS is transmitted (2)
- 5.2 Discuss TWO challenges faced by people living with HIV/AIDS. (4)
- 5.3 Recommend TWO ways caregivers can support people living with HIV/AIDS. (4)

TOTAL MARKS FOR QUESTION 5 [10]

QUESTION 6: DIVERSITY

- 6.1 Mention TWO human rights for people living with disabilities. (2)
- 6.2 Recommend FOUR ways the community can integrate people with disabilities into the community. (8)

TOTAL MARKS FOR QUESTION 6 [10]

QUESTION 7: TIME MANAGEMENT

- 7.1 Identify TWO timewasters. (2)
- 7.2 Explain how timewasters can make someone miss deadlines. (2)
- 7.3 Discuss THREE ways someone can effectively manage time and be able to meet deadlines. (6)

TOTAL MARKS FOR QUESTION 7 [10]

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Section	Question	Maximum Mark	Learner's Mark	Moderated Mark
A	Question 1.1	10		
	Question 1.2	10		
	Question 1.3	10		
	Question 1.4	10		
	Total: A	40		
B	Question 2	10		
	Question 3	10		
	Question 4	10		
	Total: B	30		
C	Question 5	10		
	Question 6	10		
	Question 7	10		
	Total: C	30		

Grand Total (A + B + C)	100
Learner's Total (A + B + C)	
Percentage	
Final Grading	

Name and Surname of Marker

Date of Marking

Name and Surname of Moderator

Date of Moderation

Name and Surname of Umalusi Official

Date of Marking
