



SOUTH AFRICAN COMPREHENSIVE ASSESSMENT INSTITUTE  
SUID-AFRIKAANSE KOMPREENSIEWE ASSESSERINGSINSTITUUT

**Adult Basic Education and Training (ABET)  
Site-Based Assessment  
Portfolio of Evidence**

<b>Life Orientation:</b>	<b>NQF Level 1</b>
<b>Total:</b>	<b>25 marks</b>
<b>Duration:</b>	<b>4 hours</b>
<b>Task 1:</b>	<b>Project</b>

**Learner Information**

**Name** : \_\_\_\_\_

**Surname** : \_\_\_\_\_

**Identity/  
Passport Number** : \_\_\_\_\_

**Employee Number** : \_\_\_\_\_

**Company** : \_\_\_\_\_

**Centre** : \_\_\_\_\_

**Date** : \_\_\_\_\_

**Declaration**

*I declare that this portfolio of evidence is my own work:* \_\_\_\_\_

**Signature**



## INSTRUCTIONS

1. This project consists of **ONE ACTIVITY**.
2. Answer ALL questions.

## INSTRUCTIONS FOR THE PROJECT.

Learners should work on this project individually.

- Two hours will be used for collecting the information needed from their communities and the other two hours will be for writing and consolidating their project in class.
- Learners should observe and record any personal safety issues that are affecting their communities and discuss this in class before they can complete their project individually.
- **Learners should answer Question 1.1 by designing a poster.**
- They should use pictures from magazines or photographs, and they can also draw the pictures.
- Educators are encouraged to find extra information and make resources available for learners to do this project.



**ACTIVITY 1: PERSONAL SAFETY ISSUES (113966).**

Read the extract below and answer the questions that follow about personal safety.

**Personal Safety**

Personal safety is of utmost importance for individuals as it helps to protect their physical well-being and prevents potential harm. Ensuring personal safety allows individuals to safeguard themselves and others from injuries, accidents, and dangers in various situations and environments.

Without maintaining personal safety individuals are exposed to risks that could have severe consequences on their health and overall quality of life. When individuals feel safe and secure in their surroundings, they can enjoy peace and tranquillity. Living in constant fear of being exposed to unsafe conditions can lead to stress and anxiety.

By taking precautions and implementing safety measures, individuals can create a safe environment for themselves, enhancing their mental well-being. Personal safety education and awareness contribute to reducing the vulnerability of individuals, particularly women and children. By equipping individuals with knowledge and skills to protect themselves, personal safety promotes a sense of confidence. Therefore, it is important for everyone to prioritise personal safety and take proactive steps to create safe environments for themselves and others.

(Own creation)

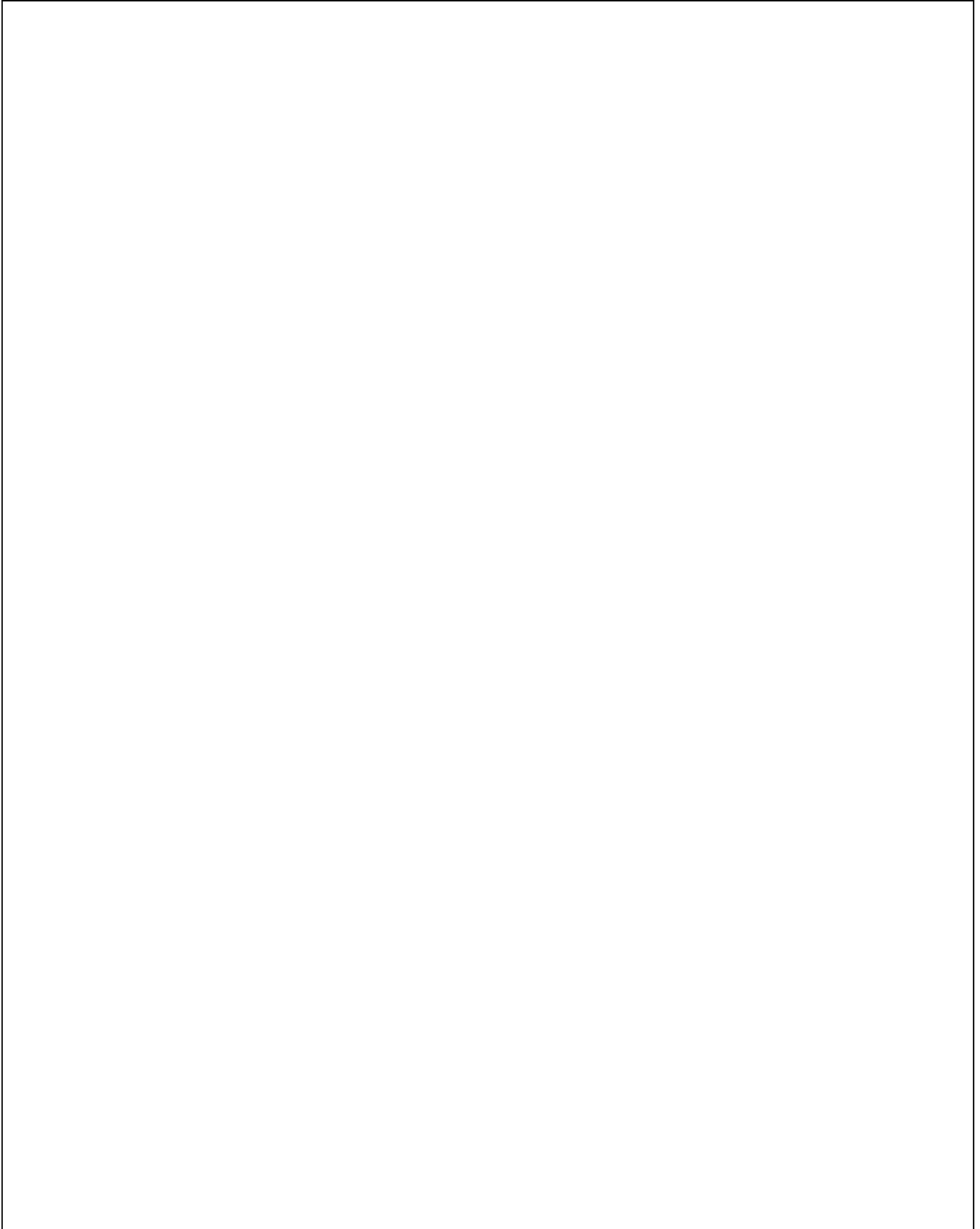
- 1.1 Design an eye-catching poster to raise awareness of personal safety in the community. On this poster identify **FIVE** (5) situations that could pose potential threats to one's safety in the community.
- Illustrate these situations using photographs or pictures from (5) magazines or newspapers, and/or drawings.
  - Label the identified situations that pose a threat to personal safety by (5) using a heading for each picture/drawing.

**NB: Learners should answer this question by designing a poster.**

**TOTAL MARKS FOR QUESTION 1.1**

**(10)**

**POSTER ON RAISING AWARENESS ON PERSONAL SAFETY ISSUES**





1.4 Recommend in detail **TWO** (2) practical strategies that the community can use to effectively deal with issues of safety in their neighbourhood.

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**TOTAL MARKS FOR QUESTION 1.4 (4)**

**TOTAL MARKS FOR TASK 1 [25]**



**Total for Task 1: 25 Marks**

<b>Task</b>	<b>Question</b>	<b>Maximum Mark</b>	<b>Learner's Mark</b>	<b>Moderated Mark</b>
<b>Task 1</b>	<b>Question 1.1</b>	<b>10</b>		
	<b>Question 1.2</b>	<b>5</b>		
	<b>Question 1.3</b>	<b>6</b>		
	<b>Question 1.4</b>	<b>4</b>		
	<b>Total: Task 1</b>	<b>25</b>		

